PLAVALNI KLUB KOPER
1958 – 2023 65 let

INVITATION
to the ISTRA KOPER 2023 Swimming Competition
P R O P O S I T I O N

COMPETITION DATE:	**Sunday, October 08, 2023**
ORGANIZER:	**Swimming club Koper**
VENUE:	**Indoor Olympic swimming pool Koper on Bonifika, 25m**
MEASUREMENT:	**PZS Timing**

SCHEDULE: PART 1: *WARM-UP:* *08:00*
COMPETITION: *09:00*
PART 2: *WARM-UP:* *60 min after the end of the 1st part*
COMPETITION: 45 min after the start of the warm-up for prt2
(we reserve the right to change the schedule of the 2nd part of the competition)

CATEGORIES:	**MALE**	**FEMALE**
	A 2007 and older	**A** 2007 and older
	B 2008 - 2009	**B** 2008 - 2009
	C 2010 - 2011	**C** 2010 - 2011
	D 2012 and younger ones	**D** 2012 – and younger ones

PROGRAM:	**PART 1.**	25 m free	category beginners
		50 m free	category A, B, C, D
		100 m breaststroke	category A, B, C, D
		400 m free	category A, B
		50 m fly	category A, B, C, D
		100 m backstroke	category A, B, C, D
		200 m individual medley	category A, B
	PART 2.	100 m free	category A, B, C, D
		50 m backstroke	category A, B, C, D
		100 m fly	category A, B, C, D
		50 m breaststroke	category A, B, C, D
		200 m free	category A, B

NO. OF PERFORMANCES: unlimited
STARTING FEE: 6 €/individual start
TRR: SI56 0400 1004 6477 151, Nova KBM
APPLICATIONS: until 04.10.2023 on email info@plavalniklub-koper.si
CHECK OUT: until Thursday 05.10.2023 at 8 pm by email info@plavalniklub-koper.si

AWARDS: The winners of each individual discipline of categories A, B, C, D receive medals.

The competition will take place according to the rules of PZS and LENA/FINA.
Male and female swimmers compete at their own risk. The clubs of which they are members are responsible for their protection and insurance.

More information: Plavalni klub Koper, Istrska cesta 70, p.p. 137, 6000 Koper,
GSM 041 937 148 (Dušan Danilovič), info@plavalniklub-koper.si.

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